



# CLARENVILLE MIDDLE SCHOOL

*...Where Children Come First!*

✉ 50A Gladney Street, Clarenville NL A5A 1G8

☎ (709) 466-7558 (7381) ☎ (709) 466-2407

🌐 www.k12.nf.ca/cms

Principal: Mr. Craig Pardy ~ Assistant Principal: Mr. Rod Drover

CMS Newsletter

## TIGER TRACKS

April 3, 2008

### IMPORTANT DATES TO REMEMBER

- ✓ Thu, Apr 3<sup>rd</sup> Concert with Balbo highlighting talent from both schools. 7 pm start. "Kid's Packs" containing juice, SunChips, etc. available for purchase, thanks to the Brannan family!
- ✓ Sat, Apr 5<sup>th</sup> Gospel concert with Glen Tetford. Tickets available at CMS, Cormack Realty and Castle Building Supplies.
- ✓ Wed, Apr 9<sup>th</sup> **Parent Teacher Meetings:** 6:30 pm - 8:30 pm. Students dismissed at 1:45 today, due to teacher meetings.
- ✓ Thu, Apr 10<sup>th</sup> **Parent Teacher Meetings:** 8:40 pm - 12:00 noon. No school for students in the P.M.
- ✓ Thu, Apr 10<sup>th</sup> Middle School Dessert Night: 7:00 - 8:30 pm.
- ✓ Fri, Apr 11<sup>th</sup> **No school for students** - School Development in-service.
- ✓ Sat, Apr 12<sup>th</sup> Adult Dance in support of Ottawa Choir trip. Three live bands perform at The Legion - tickets available from the school.
- ✓ Late April The Play 'Pocohontas' performed by our grade 7 & 8 students.

### ALLOCATING TEACHING RESOURCES

Government has released a new teacher staffing allocation which will come into effect September 2008. The following relates to Clarenville Middle School:

- ☞ **Allocation of Specialist Teachers:** New formula means an increase of **1 teacher unit** over an above what we would be receiving from the old formula!
- ☞ **Administrator Allocation:** New formula means an increase of **.5 teacher unit** over and above what we would be receiving from the old formula!
- ☞ **Learning Resource Specialists:** New formula means an increase of **.1 teacher unit** over and above what we would be receiving from the old formula resulting in an extra 30 minutes each day.
- ☞ **Class Size :** Maximum class sizes will come into effect! For grades 4 to 6, a maximum of 25 students permitted. If class sizes exceed this, extra teacher allocation will be given. For grades 7 and 8, a maximum of 27 students permitted in each class. For the 2008-09 school year only grades 4 and 7 will come into effect with the others added over the following two year period. The new allocation formula will result in **2 extra units** for splitting of grades 4 and 7 at Clarenville Middle School.

Overall, as a result of the government's new allocation formula, **Clarenville Middle School will have 3.5 to 4 additional teaching units in our school.** Gotta love it!

## SKATE AND HELMET DRIVE

Now that our skating sessions are over for this year we are starting a school collection of helmets and skates to allow those students without such equipment the option of participating in 2008-09. If you have equipment that no longer fits your child, or in your estimation will not be fitting next year, we would love to have the items at the school ready to disperse as needed. Thank-you for your continued support!

## PROVINCIAL RECOGNITION

Minister Joan Burke, prior to Easter had a news conference regarding the K-12 Mathematics Curriculum Review. She says in her opening paragraph: "... and funding has been provided to schools across the province to hold special activities and events to create a positive attitude toward math, such as the extremely successful **For the Love of Math day held at Clarendville Middle School.**"

The minister also recognized the efforts in a press release on February 28<sup>th</sup>. She stated:

*Students of Clarendville Middle School are holding the first Regional Math Fair today with a theme that speaks to a whole new outlook on mathematics. **For the Love of Math** will use games, puzzles and other activities to encourage a positive attitude toward math and how it's part of our day to day lives. "I congratulate the teachers, staff and parents of Clarendville Middle school on a unique effort to get students excited about math and encourage increased interest and enthusiasm for the subject," said the Honourable Joan Burke, Minister of Education.*

Clarendville Middle School wishes to thank **Ms. Sabrina Andrews** for spearheading this initiative and through her dedication making the event a rewarding and memorable one for all students.

## A HEALTHIER YOU!!

While March was Nutrition Month the focus at Clarendville Middle School remains 'a healthier you'! We suggest to parents to add new nutritious foods to your son or daughter's diet and make small, healthy changes that fit your lifestyle. You can make healthy changes as a family too - play a game of basketball, go for a hike, etc.! For more tips visit [www.kidseatSMART.ca](http://www.kidseatSMART.ca)

## KIWANIS

Congrats to all choirs, bands, individual performers and Grade 4 Recorder groups who participated in the recent Kiwanis Festival. All groups represented the school very well and received many favourable comments from adjudicators. A big thanks to all parents and teachers for their support during a busy week of music and school. Finally to **Ms. Drover** for working tirelessly with the many large choirs and to **Mr. Drover** for the fine tuning of our young instrumentalists. To all, a big CMS Way-to-go!!

### CMS Kiwanis Results: 2007-2008:

Elementary Choir Award: 1<sup>st</sup> Place - \$50.00 awarded to 4/5 Choir (Class 24 and 25).

Choral Group Award: 1<sup>st</sup> Place - \$50.00 awarded to 6/7/8 Choir (Class 9, 9-1, 9-2, 22-1, 23).

FSNA Award: 1<sup>st</sup> Place - \$100.00 awarded to 6/7/8 Choir.

Recorder Band Award: 1<sup>st</sup> Place - \$50.00 awarded to Grade 4 Recorders (Class 607).

Concert Band Award (Levels 1-3): 1<sup>st</sup> Place - \$50.00 awarded to 4 Classes to CMS Junior Band.

Concert Band Award: 1<sup>st</sup> Place - \$100.00 presented by Home Hardware to CMS Junior Band.

Music Education is a significant and vital part of one's education at Clarendville Middle School and we are very proud of our participation rates and skill development. **60% of our student body, 186 students, participate in the CMS Choral Program.** We are already planning for the 2008-09 year and fine arts deliberations are ongoing. Stay tuned!

## IN THE NEXT TIGER TRACKS NEWSLETTER (MONDAY, MAY 5<sup>th</sup>, 2008):

- The Canadian Council on Learning conducted a study entitled "Bullying in Canada - how intimidation affects learning". May's newsletter will have the highlights!!
- School Development - read about our school goals for the 3 year plan.
- Grade 7 & 8 Final Exam schedule.

## PROVINCIAL BASKETBALL TOURNAMENTS

Grade 7 Boys' Tournament played at Tricentia, Arnold's Cove. Results: the CMS Grade 7 Boys advanced to the semi-finals before falling to St. Pauls from St. John's.



Game 1:	CMS 27	Holy Trinity (Torbay) 47	Player of the Game > Nathan Baker
Game 2:	CMS 49	Tricentia Academy 29	Player of the Game > Ryan Perry
Semi - Final:	CMS 32	St. Paul's (St. John's) 52	Player of the Game > Curtis Pearce

Boys' Under 14 Basketball Tournament, played at Mobile Central High, Mobile. Results:



Game 1:	CMS 39	St. Kevin's (Goulds) 38	Player of the Game > Brandon Randell
Game 2:	CMS 35	Mobile Central High 45	Player of the Game > Ben Drover
Game 3:	CMS 51	St. Catherine's 71	Player of the Game > Brandon Reid



## BABYSITTING CLUB GRADUATES

22 CMS students will soon be certified babysitters. This year instead of doing a one day training course, Ms. Stanford decided to run a Babysitting Club. Students met once a week since December. They learned how to hold babies, feed babies, change babies and bathe babies. They also learned about safe toys for children at different ages. They learned how to deal with some problems faced by babysitters such as fighting, not sharing, nightmares, and shyness.

The group also took part in a 3 hour first aid training session taught by Mr. Drover. They now know how to handle all kinds of medical emergencies. The teenagers also learned how to handle other emergencies such as fire, flood, lights going out, prowlers, and nuisance phone calls. In order to give them firsthand experience with babies we also had two toddlers visit us for a few sessions. Babies Seamus and Will showed us that children can be a handful, but they also can be fun ( visit our webpage to see photos of our young babysitters working with babies). Ms. Stanford feels that this was a great experience for all involved and that the parents of Clarendville now have 22 dependable youth to call on for babysitting services.

## SCHOOL HERITAGE FAIR (Display Boards available at school - \$10.00)

The CMS Heritage Fair is scheduled for Wednesday April 23<sup>rd</sup> with an evening show at 7:00 p.m. on Tuesday April 22<sup>nd</sup>, 2008. All Grade 4-5 students will participate and we expect over 20 voluntary participants from grades 6 to 8. The 'regulation' plastic display boards are now available at the school for a cost of \$10.00. These boards can be re-used year after year for any type of presentation as they are plastic and very durable. This year's theme is '**Home is Where The Hearth Is**'. Check out our school's homepage for lots of information and pictures of recent fairs that will assist all, especially parents of grade 4 students. In addition to students displaying their projects, they will participate in sessions Wednesday morning such as Newfoundland Story Telling (Mr. Reg Pretty) and Newfoundland music (Mr. Troy Mitchell) to name a couple. The Wednesday afternoon session will be open to parents and grade 3 students from Clarendville Primary. The Heritage Fair winners will be announced in the afternoon. Thank-you to Ms. Pye for her dedication to this initiative. If any parent is interested in judging or if anyone would like to participate in a session relating to Newfoundland culture/heritage please contact the school.



## GR 5's MAKE 50+ GREAT SCIENCE GAMES

People who walked into the Clarenville Middle School atrium on Friday, February 22 were amazed by the quality of over 50 games made by the Grade Five science classes. From the beginning of February, students were busy making games about the body. When the games were due, the teacher thought they were so brilliant that she put them on display, and to the students' liking, cancelled their science test for the next day! The games had names like, "Are You Smarter Than Ms. Pye's Class?", "Body Chess", "Surgery", "Science For Nitwits", and "Digestive Monopoly". On the morning of the display, one of the Grade Four classes came to play them. From the opinion of these students and their teacher, the games were great! To make it even more fun, the Grade Five students got to play and evaluate their classmates games. According to their teacher, Ms. Pye, a lot of time and effort were put into the construction of the games, but according to the students it was a really fun project and way better than any test!

## RECENT STUDENT "WAY TO GO'S"

The following was published in yesterday's morning bulletin. Each morning bulletin celebrates the many wonderful student actions and deeds that occur in and outside our school. **We have much to be proud of!**

**Way to go to Erica Short (4D)** who was seen and overheard at Clarenville Co-op on Saturday, March 29<sup>th</sup> reading and reporting on the Nutrition Label of a food item to her parents. A very keen and healthy CMS student!

## TIDBITS

■ Middle School Skaters Shine at Provincials!! Just after Canadian Jeffery Buttle from Smooth Rock Falls, Ontario, captures the World Championships we are pleased to announce CMS's **Zachery Short** captured two Gold Medals at the Provincial championship prior to Easter and **Grace Rose** won Gold in the female category. **Vanessa Cox and Sara Price** skated great routines as well and we tip our hats to our very talented Grade 4 skaters!! CMS Rocks!

■ Education Week Challenge! On Friday, March 7<sup>th</sup> our entire student population took part in the 2<sup>nd</sup>

annual "Battle of the Brains". Students were arranged in many groups and for two hours "Battled" it out on topics of Sports, Music, Math, Social Studies, Religion, Pop Culture, etc. The CMS Staff ran the show and everyone had a great time.

## BACKPACKS:

**PACK THEM LIGHT. WEAR THEM RIGHT.**

*Prevention is Key*

Dr. Roland Bryans, Doctor of Chiropractic.

As stated in the March 11<sup>th</sup> Newsletter, here are a few pointers to help your middle school child carry their load comfortably and safely.

**Choose the right backpack:** Forget leather! It looks great, but it's far too heavy. Go for vinyl or canvas. Pick a pack that has two wide, adjustable, padded shoulder straps, along with a hip or waist strap, padded back and plenty of pockets. Make sure the pack fits properly, is not too snug around the arms and under the armpits, and that its size is proportionate to the wearer's body.

**Packing it properly:** They're not moving out! Make sure your children's packs contain only what is needed for that day, and that the weight is distributed evenly. It's a good idea to know roughly what each item weighs. The total weight of the filled pack should be no more than 10 to 15 percent of the wearer's own body weight. Pack heaviest objects close to the body, and place bumpy or odd-shaped ones on the outside, away from the back.

**Putting the backpack on:** It's a good idea to help young children with this, at least the first few times. Put the pack on a flat surface, at waist height. Slip on the pack, one shoulder at a time, then adjust the straps to fit comfortably. Remember when lifting a backpack, or anything, to lift using the arms and legs and to bend at the knees.

**The right way to wear a backpack:** Both shoulder straps should be used, and adjusted so that the pack fits snugly to the body, without dangling to the side. Backpacks should never be worn over just one shoulder. You should be able to slide your hand between the backpack and your child's back. The waist strap should also be worn for added stability.

*If your child does complain of back pain, numbness or weakness in his or her arms and legs, get help to prevent future problems. Information provided by the Ontario Chiropractic Association. For additional information refer to [www.chiropractic.on.ca](http://www.chiropractic.on.ca)*