



Clarenville Middle School

“Where Children Come First”

Monday, November 1, 2010

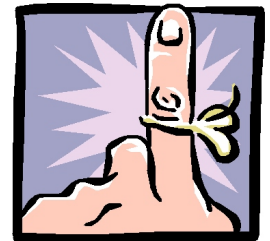
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IMPORTANT DATES TO REMEMBER

Wednesday, Nov. 3 rd	School clothing available in atrium from 6 – 8 pm for sizing and viewing
Thursday, Nov. 4 th	Jumpstart Healthy Commotion Day at CMS
Wednesday, Nov 10 th	Remembrance Day Assembly @ 10:45 am
Thursday Nov. 11 th	Remembrance Day Holiday – no school.
Friday, Nov. 12 th	No school for students: ‘School Development Day’
Monday, Nov. 15 th	School Development Report – posted on homepage
Wednesday, Nov. 17 th	Mid-Month recycling Blitz
Thursday, Nov. 18 th	Grade 4/5 Choir at VOXM Happy Tree Lighting!
Wednesday, Dec. 1 st	December newsletter released!
Friday, Dec. 3 rd	Term 1 student reports sent home
Thursday, Dec. 9 th	Parent teacher meetings: 6:30 pm – 8:30 pm
Friday, Dec. 10 th	Parent teacher meetings: 8:40 am – 12:00 pm



PUBLIC SPEAKING

On Monday, October 25th a student from each class was chosen to participate in CMS’s grand finale in the gymnasium, where all students and teachers were assembled. Practically all students in our school participated at the classroom level, which was, according to our public speaking coordinator, Ms. Andrews, very impressive! Congratulations to all participants at both the classroom and gym speak-offs. The judges decided the following outcome:

Grade 4 - 6:

Runner Up was **Gina Stacey** (Starvation)

Winner - **Stephen Bennett** (Just Imagine...)

Grade 7 - 8:

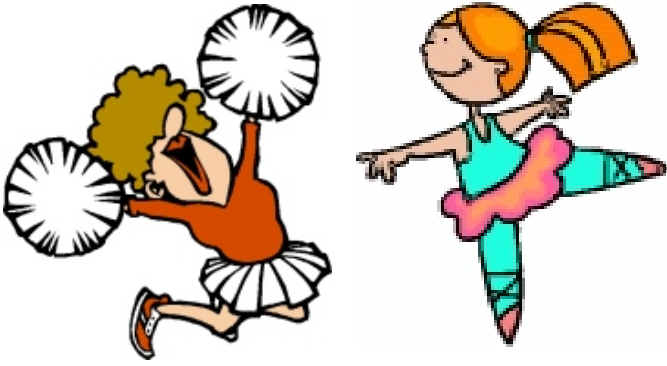
Runner Up was **Jesse Avery** (Peer Pressure)

Winner - **Emily Quinlan** (Why Speeches Should be an Option)

Ms. Andrews, commented “the speeches were well presented with confidence and in "true" public speaking form. The judges were amazed at the talent and self-confidence shown at such a young age.” They said, “the presentation of these speeches were very well done and that the decision to pick a winner and runner up was very difficult, even more so, at the Grade 4-6 level.” We would like to thank the **Lion’s Club** for their continued participation in the public speaking events at our school.

CMS YEARBOOK

The producer of our yearbook has asked permission to showcase the work of art completed by Ms. Stanley that captures the school life, students, staff and activities of Clarenville Middle School for the 2009-2010 school year to other schools. **We still have a small supply available for purchase from our secretary Ms. Pomroy for \$20.00.**



CHEERLEADING AND DANCE

Our school is pleased to have these highly active clubs at our school. Ms. Andrew's cheerleading squad could be considered a gymnastics club that is highly choreographed while Ms. Stanley's dance squad will have to be aerobically fit to perform the routines. Both groups, totalling about 45 students, performed at last week's Volleyfest 'Pep Rally' and the execution of their moves was very impressive. The cheerleading group is practising to participate in the provincial cheerleading competition later in the school year.

CMS STRIDE

The CMS running club, *The CMS Stride*, are again enjoying another exciting year of running and fitness. The club meets each week at 2:45 pm on Wednesday afternoons and trains until 3:25 pm. To date the club has had four practices and the students are excited to run each week. For instance, on Wed, October. 13th, 15 runners showed up to train in a light drizzle of rain. Now that's **Dedication!** **Stride** members: Taran Leonard, Lydia Miller, Holly Haines, Natasha Anderson, Liam Leonard, Luke Quinlan, Taylor Lambert, Elaina Pittman, Laura Baggs, Stacey Frost, Brooke Toope, Marcus Baker, John Button, Isaac Avery, Jesse Avery, Andrew Pearce, Faith Hollohan, Spencer Dean, and Claire Peddle.

MIDDLE SCHOOL DASH FOR GROCERIES AT CO-OP

Two Grade 8 students helped raise **over \$2700** for our local food bank in October! **Kiefer Kelly and Mark Pritchett** participated in the **Clarenville Co-op / Lions Mad Dash** for groceries with the value of the groceries picked up donated to the Salvation Army food bank. Ms. Budgell escorted the athletically talented students to the Co-op store where Mr. George Martin gave the instructions and our dashers listened and made their plans. Three minutes and two

aisles. They went for the big ticket items – healthy, nutritious cereal, snacks & juices. About 9 cartloads later they emerged from checkout 5 with a grocery bill of \$1269. Wow - 3 minutes of shopping! Clarenville Area Co-op and the Lion's added another \$1500.00 bringing the total amount presented to Major Pond of the Salvation Army a whopping \$2769. Major Pond stated to the crowd, "CMS really knew what they were doing when they selected these two boys". Way to go Kiefer and Mark for such a **GREAT DEED!**

FIRST AID TRAINING = SAFER SCHOOL!

We are excited to offer a first aid course to 16 grade 7 and 8 students at our school on Tuesday November 16th. Mr. Darryl Feener will be conducting this St. John Ambulance first aid course to Mr. Randell's module group. Mr. Penney and another staff member will also get their certification during this time. We believe the whole school population ought to have this first aid training and we look at this session as a small step in that direction. One immediate result is that our school will certainly become a safer place with more staff and students having a higher level of expertise in safety interventions.

WELCOME TO SCHOOL COUNCIL

Clarenville Middle School is pleased to welcome three new members to our school council. **Caro and Ryno Versteer & Tracey Fleming** join the returning nine members for this school year. The Thu, Oct. 28th meeting lead to the selection of **Gwen Hiscock** as Chair of the Clarenville Middle School Council. Be watching the school's homepage to see the agenda and meeting minutes of these monthly sessions.

BREAKFAST PROGRAM

The breakfast program offers a free nutritious breakfast to all CMS students with the belief that if a child is hungry to start the day, their potential to achieve is diminished. Students have access to toast, cereal, fresh fruit, yogurt, and pure orange/apple juice. Also, a huge thank-you to the contributions made to this program from the Cross, Avery, Pritchett, White, Chaulk and Baker families. The staff is unanimous in the belief of a nutritious breakfast, but the financial cost of supporting it is indeed challenging. Together, we certainly increase the nutritional value of the school breakfast for our children!



GRADE 6 REMEMBRANCE DAY ASSEMBLY

Grade 6 classes and the Royal Canadian Legion are busy planning the Remembrance Day assembly for Wed, Nov. 10th. We are planning for a 10:45 am start and are super excited to have members of the Legion participate. Parents and friends are invited to join us as we try our best to reflect on the peace we currently enjoy and the sacrifices that made it all possible.

CMS SCHOOL CLOTHING

Our school is making available a wide array of school clothing. The following items are now available for purchase and can be viewed at school or on our school's homepage: hoodies, t-shirts, gym shorts, gym bags, toques, ball caps, etc. School clothing will be available for viewing and/or purchasing on Wednesday, Nov. 3rd from 6 p.m. to 8 p.m. in our school's atrium and also during parent teacher meetings on December 9th and 10th. Thank-you to our student models who so graciously volunteered and Mrs. Angela Sheppard who is overseeing this.

STUDENT DROP-OFF . . .

In all likelihood, line painting of our school lot, with a clearly defined drop-off zone for students, will now be completed in the spring. We are pleased that since the release of the October newsletter, the drop-off has been safer. Parents are encouraged to drop their children off **directly in front of the school where children can safely exit their vehicle without fear of other vehicles crossing their paths**. Once the student disembarks, the vehicle can pull out into a through traffic lane to exit the lot. Parents are asked to stay as close to the school as possible when dropping off a child and follow this pattern. Students walking to school, or dropped off on the outside of the school lot, are reminded to always proceed to the school using the cross-walk, but look first before crossing!

NEXT NEWSLETTER:

Wednesday, December 1st, 2010

Read about: Volleyfest 2010- CMS Update. Volleyfest saw over 70 Grade 7 and 8 students participate from CMS, accounting for a little over 50% of our intermediate population. Also, read about our new CMS TIGERS mascot!



MID-MONTH RECYCLABLE BLITZ: Wednesday November 17th

October's Mid-Month Recycling Blitz saw a big increase in the contributors from September. A big thank-you to the **students and their families** for their contribution of recyclables on Wednesday Oct. 13th: Madison Sweetland (4B), Amy Ryan (4V), Sasha Chaulk (7P), Gina Stacey (6S), Kaleigh Fitzgerald (7S), Jessica Hicks (6D), Faith O'Connor (7A), Ryan Avery (4B), Molly O'Connor (4B), Evan Stacey (4V), Tiffany Avery (6S). On Wednesday, November 17th, we ask parents to drop off their home recyclables during the morning where members of the school's green team will again be ready to receive them. Through the recycling proceeds raised, we hope to enhance our lunchroom with more microwaves for student usage and purchase some new chairs and tables to replace the older models students currently use. The recycling effort through your school nets **10 cents** per recyclable which can certainly amount to some much needed funds for our school. Once again, thank-you for your participation.

STUDENT “WAY TO GOs”

The ‘Way To Go’ section in all newsletters celebrate the many wonderful student actions and deeds that occur in and outside CMS.



- ☺ **Way to go to Shayna Veitch and Andrea Furlong who were** completing their French homework with the turtles and fish watching, after school on Thursday Oct. 7th in the atrium. What great role models for all CMS students! We love it!
- ☺ **Way to go to** those members of our Green Team who work to make sure recyclables are collected from classrooms and as few recyclables as possible go out in the garbage.
- ☺ **Way to go to Ben Holloway and Cody Kelly who** found a sum of money on Tuesday and brought it to the teacher in the gym so the rightful owner could be found. Another **way to go** is sent out to **Thrasher Kennedy** who was given extra product **from the vending machine** and gave it back to the teacher because he knew that it wasn’t rightfully his. Now isn’t that SUPERB CMS behaviour!?!??
- ☺ **Way to go to Ryan Snook and Eric Chatman who** found a sum of money on Wednesday and brought it to the teacher in the gym so the rightful owner could be found.
- ☺ **Way to go to Ben Peddle** who, during the dance on Thursday, found a sum of money on the floor. Shortly after Ben passed the money to the teacher, a boy in grade 7 came along confirming the amount and type of coins he was missing. Thanks to Ben, **Nicholas Norman-Foote’s** money was placed in his hands and he was able to make a purchase at the canteen. Good deed Ben!
- ☺ **Way to go to Patrick Dove and Lucas Walters who,** in the absence of Mr. Power on Monday afternoon, led the recycling team on a complete coverage of the school, collecting and cleaning recyclables. Now that is taking initiative! We will be placing more bins throughout school in selected areas as well!
- ☺ **Way to go to Samantha White and Rebecca Noel** who made get well cards for Ms. Pomroy when she was home sick one day and MANY CLASSMATES signed them. We certainly did miss Ms. Pomroy! CMS is not the same without you!



- BIG THANKS to those students who helped our two new substitute caretakers one Friday last month with the tables and chairs: **Abby Ellis; Tanisha Cooper; Chantal Gosse, Tyler Hillier; Joshua Little; and Devin Humby.** Much appreciated!
- **Shayna Veitch** was absolutely correct – there ought to have been more recycling bins throughout our school. Check out the improvement!
- **EAT HEALTHY!** Seen eating fruit frequently in October were **Abby Ellis and Tanisha Copper! Way to go girls for being great ambassadors for healthy eating.**
- BIG THANKS to Gina Stacey who helped our caretakers clean-up recently after a wonderful but messy meal of TACOS. Much appreciated Gina!
- **Congratulations** to the grade 4 students on a WONDERFUL Thanksgiving Day Assembly Friday morning. Big thank-you to students and teachers for making this possible! Many parents commented on how pleased they were and there were lots of parents! The whole assembly profiled tremendous character and was capped off with the legendary CMS slide show provided by Mr. Parrott. It was a special assembly. One to be thankful for!
- **Nutritious Snack Alert!** Seen eating healthy yesterday in his grade 8 Health Class, within the Nutrition unit, was our own Brad Soper. **Way to go Brad for eating healthy!** On staff we have Mr. Organ and Mr. Penney who are often seen with a banana or an apple – match the healthy snack to the teacher?
- **Large Pumpkin! Thank-you to Nicholas Jacobs** and his family for the contribution of a LARGE pumpkin to our atrium display. It must weigh 60 lbs? Nicholas and his mom states that they did grow a pumpkin previously that weighed 101 lbs. Now that’s a lot of pumpkin!
- Vivian Rose, inclusive itinerant for Eastern School District, visited our school on Wednesday, meeting with Mr. Organ and Ms. Drover. She sends the following note Wednesday night: *“I really enjoyed my visit and chat at your school today. Your warm climate and culture is really felt in your school. It was so nice to feel the sense of community.”*