



# Clareville Middle School



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## NEWSLETTER

THURSDAY  
OCTOBER 1<sup>st</sup>  
2009

### IMPORTANT DATES TO REMEMBER:

Friday, October 9 <sup>th</sup>	Thanksgiving Day assembly at 11:00 a.m.
Monday, October 12 <sup>th</sup>	Thanksgiving Day holiday - No school
Thursday October 22 <sup>nd</sup>	Staff PD - No school for CMS students
Friday October 23 <sup>rd</sup>	Staff PD - No school for CMS students
Thursday, November 2 <sup>nd</sup>	Next newsletter

## NEW SCHOOL COUNCIL MEMBERS

A big thank-you to all those parents who expressed interest in serving as a member on our School Council. We are pleased to announce that both **Mr. Dave Hains** and **Ms. Paula Roberts** will serve as Community Representatives while **Ms. Gwen Hiscock**, **Mr. Rod Short** and **Ms. Rhonda Holloway** are our newest Parent Representatives serving as council members. We look forward to our first meeting on Thursday October 29<sup>th</sup> at 7:00 p.m. Welcome to all! Parents are reminded to check out the school's homepage in the following days to see our complete council membership and stay tuned for the agenda and minutes of all meetings. We aim to keep you even better informed!

## TIDBITS

- # Congratulations to your new student council executive: **President: Isabelle Borja** and **Vice President: Mackenzie Dove**. Wishing you much success in your year.
- # CLASS CALL: We would like to have elected class representatives (1 per class) to serve their classmates on the Student Council. The democratic procedure practised!
- # A BIG Welcome to all the new students who transferred into CMS this past month.

## CMS CROSS-COUNTRY RUNNING

**Mr. Penney**, with the assistance of **Mr. Pearce** (Andrew's dad), will be holding a training session on Tuesday afternoons from 2:45 - 3:30 p.m. Runs will also take place on weather appropriate days prior to the lunch hour and our school will be participating in all cross country meets, starting with the Balbo meet this afternoon. Other meets scheduled which we will be participating in are:

- |                                    |               |                                   |             |
|------------------------------------|---------------|-----------------------------------|-------------|
| # Wednesday, Oct. 7 <sup>th</sup>  | Lethbridge    | # Thursday, Oct. 15 <sup>th</sup> | Port Rexton |
| # Wednesday, Oct. 21 <sup>st</sup> | Random Island | # Tuesday, Oct. 27 <sup>th</sup>  | CMS Run     |

# FRENCH HELP CENTRE

We are pleased to offer a French Help Centre for any student in Grade 6 to 8 on Monday and Wednesdays from 3:00 p.m. to 3:45 p.m. in the Resource Centre. The centre will begin Monday, October 5<sup>th</sup>. Two grade 12 students (**Courtney Holloway** and **Rebecca Rideout**), both CMS alumni, will be operating the centre. Way to go girls!



## "WAY TO GO'S"

*Back by popular demand, the 'Way To Go' in all future newsletters will celebrate the many wonderful actions and deeds that occur in and outside our school.*

Way to go to Mr. Penney, one of our newest staff members, who completed a 42 kilometre marathon last weekend and did quite well finishing around the 4 hour mark. While he admits feeling the strain during the last 7 kilometers, most of his colleagues would feel the strain running 7 kilometers. Very impressive sir. Congratulations!

## GET READY TO BATTLE COLD AND FLU SEASON (Source: News Canada)

1. **Washing your hands** using soap and hot water for 18-20 seconds can be the single most effective preventative tip. We have taught and reminded students at CMS the importance of washing their hands thoroughly, especially before recess and lunch.
2. A typical desk (student/teacher) has almost 21,000 germs per square inch, compared with a toilet seat carrying 49 germs per square inch. Caretakers are **wiping down** desks, phones, keyboards, computer mice, etc. more frequently with disinfectants.
3. Your body has a much better chance of fighting off viruses if you are in good shape. Maintain a **healthy and balanced diet** and stay active.
4. Dragging yourself into school when you are sick puts everyone else at risk. It is suggested that staying home for at least 24 hours is a good rule - sometimes all your **body needs is rest** and some time to heal.



## STUDENT ATHLETICS AND GUIDELINES

In 2007, Clarendville Middle School made provincial volleyball history by being the first school to have entered three teams in a provincial competition and have all three finish with medals. At Clarendville Middle School we aim to include all students who wish to participate in our sports, as well as in our choral, drama, art, and instrumental programs. In addition, we also aim to develop each and every student to the highest developmental level as possible, hopefully leading to our school competing with high caliber teams throughout the province. To this end, from time to time, teams will be selected based on the students' abilities at that time and their developmental progress. We all realize that students develop at different rates and we wish to provide experiences for each and every one at his/her current level. For example, we may see a male basketball team compete in the 'B' division while another competes at the 'C' level; each

provided with the experience to grow in the sport and enhance development. The 'fair play' concept would see ALL students practice to hone their skills and ALL play at their level of current proficiency. As we travel through October with many, many boys and girls enjoying their participation in Volleyball, there will come a time when groups will need to be selected and this format for group selection may be chosen as the best option for all. If you wish to discuss this further or seek further clarification, please feel free to contact Mr. Randell or Mr. Pardy.



## HOT MEAL PROGRAM & FREE NUTRITIOUS BREAKFAST

The cost of each Hot Lunch is \$3.00 and tickets (book of 5 for \$15.00) will be sold each morning in our Atrium. These tickets can then be used whenever desired by the student. Also available each morning is a free nutritious breakfast where students have access to toast, cereal, fresh fruit, yogurt, and pure orange/apple juice. The CMS hot meal program menu is shown in the table to the right. **All meals include milk!**

<b>MON</b>	Grilled Cheese Sandwiches (cheddar cheese), fruit
<b>TUE</b>	Chicken Caesar Wraps, fruit
<b>WED</b>	Chicken Noodle Soup or Kraft Dinner, roll, fruit
<b>THU</b>	Pizza
<b>FRI</b>	Chicken nuggets and fries

## CMS SCHOOL CLOTHING

Through the efforts of **Ms. Angela Sheppard**, we will be taking orders for school clothing beginning on Monday Oct. 5<sup>th</sup>, and ending on Friday Oct. 16<sup>th</sup>. Sizing shirts are available at the school. Ordered items will be available for pick-up on Tuesday Nov. 10<sup>th</sup>. The following items will be available in Navy or Black:

# Full Zip Hoodie (\$45.00)   # Zipped Fleece (\$45.00)   # T- shirt (\$15.00 ~ name included → add \$3.00)

## START-UP NEWS

Bus Times. On our school's homepage, click on **CMS BUS TIMES** button on the left side of the page. Find the most updated scheduled pick-up time assuring that no student is waiting any longer than necessary in the cold or inclement weather that is sure to come. The bus may be delayed, but **should never** be early!

Please **continue to mark your names on all** school supplies and articles of clothing (tag preferred I'm sure) in order that we can find the rightful owner if anything is misplaced. While there is never a sure bet (**Jenelle Blundell** is missing her Hockey Jacket with the name emblazoned on the sleeve), it certainly does increase the opportunity of you finding missing items.

## KIDS EAT SMART PROVINCE -WIDE WALK TO BREAKFAST

On **Friday, October 16<sup>th</sup>** Clarendville Middle School will be participating in the province- wide walk to breakfast in order to bring awareness about the importance of good nutrition and physical activity. At 8:45 a.m., the walk will begin with parents and friends of CMS invited to participate and also join us in a nutritious breakfast at 9:15 a.m. **Ms. Tracey Soper** (Jade's mom) has volunteered to assist in this venture and if there are any other interested individuals, please inform our secretary at 466-7558 or Tracey at 433-2006. All parents and students are also invited to make a financial or food donation to support our breakfast program.

## INTERESTED IN LEARNING HOW TO PLAY GUITAR?

Depending on interest, Mr. Organ is planning to offer a 10 week beginners' guitar course for parents, staff members and their friends on Wednesday nights beginning in late October. The cost for lessons will be \$8.00 per 1 hour session. If you do not have own a guitar we have a number that can be rented from the school for \$25.00 (all proceeds from the rentals will go to the music program). If you are interested or if you have questions, call Mr. Organ at the school.



## AFTER SCHOOL SPORTING ACTIVITIES

We aim to maximize the use of our large gymnasium by having two groups participate at the same time thus allowing more students to be involved and all grade levels to be represented. For the most recent after school activities, please check on our homepage where Mr. Randell will update the schedule as required. At the start of October the table to the right shows the current schedule and coach(es):

DAY	LARGE GYM	SMALL GYM
MON	2:45 - Grade 4 Sports	2:45 - Grade 5 Mixed Volleyball
	3:45 - Grade 8 Boys Volleyball	3:45 - Grade 7 Boys Volleyball
	6:00 - Grade 6 Boys Basketball	
TUE	2:45 - Grade 7 & 8 Badminton	2:45 - Grade 7 Girls Volleyball
	5:00 - Grade 5 Boys Basketball	4:30 - Grade 8 Girls Volleyball
	6:00 - Grade 8 Boys Basketball	
WED	2:45 - Grade 8 Boys Volleyball	2:45 - Grade 7 Girls Volleyball
	6:00 - Grade 7 & 8 Badminton	4:30 - Grade 8 Girls Volleyball
THU	2:45 - Grade 7 & 8 Girls Basketball	2:45 - Grade 6 Girls Volleyball
	4:30 - Grade 7 Boys Volleyball	4:30 - Grade 7 Boys Volleyball

## MOST RECENT CRT RESULTS

We are very pleased with the recent CRT results in both Math and English Language Arts (ELA) that were written by our current Grade 7 students in June. These Criterion Referenced Tests (CRT) are provincially created to determine the achievement of curriculum outcomes in these two areas. The CRT's are administered at the end of Grades 3, 6 and 9. The Grade 6 results speak exclusively to our school which is solely responsible for teaching the entire curriculum from Grade 4 to Grade 6 which forms the basis of the Grade 6 assessment. While we have not received the individual student results, all schools have received their overall results.

Elementary ELA May '09 CRT: GRADE 6 STUDENT RESULTS ( <i>This year's Grade 7's</i> )			
	CMS	ESD	NL
Reading - Multiple Choice	<b>89.0</b>	87.0	87.1
Listening - Multiple Choice	87.9	<b>88.8</b>	87.7
Demand Writing	<b>84.9</b>	78.5	78.7
Informational Reading	<b>81.1</b>	67.5	68.0
Poetic Reading	<b>74.1</b>	69.8	69.6
Visual Reading	<b>64.0</b>	46.1	47.7
Listening	45.1	46.3	<b>47.4</b>

The ELA results above indicate achievement levels of our students in this grade level exceed that of the province and district in all areas except listening. One sobering reflection for us, the district and the province as a whole, is that there are significant numbers of students who fall below grade level (Level 3).

Elementary Math '09 CRT: GRADE 6 STUDENT RESULTS ( <i>This year's Grade 7's</i> )				
		CMS	ESD	NL
<b>Number Operation</b>	Reasoning	<b>47.2</b>	34.2	36.5
	Communication	<b>34.0</b>	29.7	30.6
	Connections/Representation	<b>52.8</b>	35.1	36.1
	Problem Solving	<b>49.1</b>	41.3	42.5
<b>Written Responses</b>	Number Concepts	<b>68.7</b>	62.3	63.9
	Shape/Space	<b>87.7</b>	79.2	80.4
<b>Multiple Choice</b>	Number Operations	<b>79.1</b>	76.3	77.1
	Number Concepts	<b>70.1</b>	67.1	67.1
	Shape and Space	56.1	56.8	<b>57.9</b>

The Math results above indicate that the achievement levels of our students in this grade level exceed that of the province and district in all components except the multiple choice section on 'shape and space'. As was the case with the ELA results above, there are significant numbers of our students who fall below grade level.

**“Improvement is not achieved by focusing on results, but by focusing on the systems that create the results”. ~ National Learning Network ~**