

FUND RAISING FOR 2006 - 2007: A LITERACY INITIATIVE

Our Family Reading Program with 'QSP Reader's Digest' was launched recently. In fact we have had parent orders placed online. By renewing your subscription or ordering a new subscription, selecting from over 400 popular titles, Clarendville Middle School will receive over 20% profit on each. Selections such as Reader's Digest, Time, Maclean's, National Geographic, Chatelaine, TV Guide, etc. can be obtained. The deadline for orders at the school is **Wednesday November 15th**.

TIDBITS

- ✓ Big thank-you to **Ann Norris(6A)** and family for their contribution of Campbell Soup labels for the school's rewards program!!
- ✓ **Volunteer Appreciation Success!** Thanks to all **staff members** for making this night a memorable one. Small turn-out but nevertheless a class act! Special nod to Ms. Stanford and Ms. Vey for coordinating this effort and the trio of Mr. Organ, Ms. Avery and Mr. Pretty for the great entertainment.
- ✓ **Grade 6's at Lockston Park, Friday Oct. 13th!** Mrs. Randell (yes - sister of our Mr. Randell), Lockston Park instructor, stated that this group was one of the best listeners to ever attend the park's program. The Randell family know quality students when they see them!
- ✓ **Cell Phones** are not permitted during class time. Students are reminded that cell phones are not to be visible(seen) during the school day except for recess/lunch.
- ✓ The **'Two Villages'** story, featuring Clarendville Middle School on **Here and Now** Monday Oct. 23rd represented our wonderfully generous and well-mannered students. Congratulations to all for making CMS look as good as it is!! SPECIAL applause to the wonderful speakers interviewed by Deanne Fleet - Ashley Balsom; Devan Ramjohn; Sydney Wells; Dylan Nippard; Hillary Mitchell; and Emily Quinlan. You all did a great job! Finally - to Mr. Organ who appeared to be a natural behind that camera - **GREAT JOB SIR!**

IMPORTANT DATES TO REMEMBER...

- **Thursday November 2nd**
School Council Meeting - 7:00 p.m.
- **Tuesday November 7th**
Picture re-takes - Pass along original package then.
- **Friday November 10th**
Remembrance Day Assembly 11:00 a.m.
- **Monday November 13th**
Remembrance Day Holiday - no school. Tuesday will be Day - 7 on the student schedule.
- **Wednesday November 15th**
Recycling Blitz. Drop off recycling prior to early morning class and have it registered for class and individual prizes. Deadline for magazine orders.
- **Monday November 20th**
Addictions Awareness Week - school presentations ongoing with grades 7 & 8.
- **Friday November 24th**
'Dating Violence' presentation to grade 7 & 8 students by Insp. Sean Ryan.
- **Wednesday November 29th**
Term 1 Reports sent home. **Recycling Blitz!**
- **Thursday November 30th**
Parent Teacher Meetings - 6:30 p.m. - 8:30 p.m.
- **Friday December 1st**
Parent Teacher Meetings - 8:40 a.m. - 12:00 p.m. **No school for students** - Teacher Meetings in p.m.
- **Monday Dec. 4th**
Release of next newsletter!

DECEMBER'S NEWSLETTER :

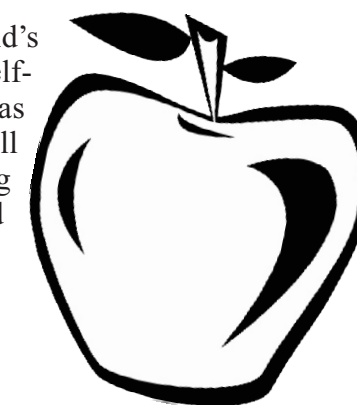
Mary Brown's / Pizza Delight : Big contributors to Clarendville Middle School
Sobey's donate Newfoundland and Labrador Monopoly games to school
Clarendville Middle School will be producing it's **first CD** in it's own recording studio!
Walmart donates to our breakfast program



A HEALTHIER SCHOOL!

You will be happy to know that healthy eating is a top priority in your child's school this year!

Healthy eating can help improve your child's attention span, punctuality, behavior and self-esteem. The Eastern School District has developed a new nutrition policy that will support your efforts to promote healthy eating and follow the Provincial School Food Guidelines that were released in June 2006. They aim to make the healthy choice the easy choice for students. This policy will include all food sold and served in schools including food provided in cafeterias, canteens and vending machines. For more information go to: http://www.ed.gov.nf.ca/edu/k12/sch_food.htm.



The school district will be phasing in these healthy changes over the next couple of years. Your feedback and support along with input from students and school staff will be crucial in the success of this initiative. Starting this year you will start to see some significant changes at Clarendville Middle School such as an:

- ✓ Increase in healthy beverages (water, 100% fruit juice and milk).
- ✓ Increase in healthy snack foods that are lower in fat, salt and sugar and higher in fibre and nutritional value.
- ✓ Increased percentage of foods cooked in healthier, lower fat ways such as grilling, baking and broiling rather than deep fat frying.

READY FOR FINAL EXAMS?

Students in grade 7 & 8 are reminded to **organize all materials** on units covered in order to easily access when the final exam time arrives. The use of binders in school and at home can take care of this task. Be organized!!

WHAT'S NEW AT CMS?

In addition to the many activities listed in the October newsletter, Dr. Michael Rayel and Mr. Fred Davis will be hosting basketball for the grade 5 students on Thursday's from 5:30 p.m. to 6:30 p.m. beginning this week. Thank-you to both. Also, Clarendville Middle School will be hosting the first ever Badminton tournament this Saturday with approximately 20 badminton players coming in from the St. John's area. Big thank-you to Mr. Darryl Feener (Principal of Anthony Paddon and Andrew and Ryan's dad) for overseeing the badminton program at our school.

TWO VILLAGES - NEPAL PROJECT SUCCESS!

Students and staff of Clarendville Middle School were pleased and delighted to be a part of this humanitarian project. On Thursday, Oct. 12th, hundreds gathered in our gymnasium to here the multitudes of local talent perform and through their generosity the school in Nepal will be completed. This school will serve over 500 eager students from the country of Nepal. A big Middle School Way To Go to Troy Mitchell and Krista Percy for undertaking this huge effort and making a significant difference in the lives of those less fortunate.



RECENT STUDENT "WAY TO GO'S"

The following items were published in the daily morning bulletin. The intention is to celebrate the many wonderful student actions and deeds that occur in and outside our school. **We have much to be proud of!**

- ☺ Way to go to **Amy Feltham and Josh Goobie** (5Pye) who won the sticker contest for September. These students had their agendas on their desks and were reading prior to the second bell on a regular basis throughout the month. Special mention to **Joanne Cooper and Cassidy Smith**. Super stuff!!
- ☺ Way to go to **Christopher Ramjohn and Zachery Barnes** who one day recently were the only two runners to show up for the lunch time run. The day was not the best of conditions but these committed runners were undeterred.
- ☺ Way to go to **Heather Drake** who was notified that administrators with the Tim Horton's Summer Leadership Program would like her to return to the camp as a camp leader next summer. Another great achievement by a great middle school student!
- ☺ Way to go **Justin Baker and Dylan Nippard** who took the time to bring lonely lunch bags to office in order to find owners. Great Middle School students!
- ☺ Big thank-you to **Matthew Goodman** (8Waye) and family for their large contribution of Campbell Soup Labels (110 labels). Great contribution to our rewards program!
- ☺ Way to go to **Janelle Howse** (5 Andrews) who is responsible for the school increasing their production of Turkey Sandwiches in October. Previously we ordered 5 lbs. , now we will be making sandwiches out of 7lbs. Janelle, along with Mr. Organ, were unable to get a fresh sandwich one lunch time. Hopefully Janelle - 'Have Not will be No More!!' Continued Thanks to Mr. Calvin Drodge!!
- ☺ Way to go to **Tanika Bugden** (7S) who picked up money in the corridor by the grade 5 classrooms and passed it along to Ms. Pye. Great Middle School behaviour displayed once again!!
- ☺ Way to go Grade 8's at Science Camp. Leaders were impressed with the team of Chris Turbrett, Andrew Feener, Nathan Vey, and Matthew Critch upon their creation of the survival shelter. One of the best, if not the best, ever created they stated scoring 4.9 out of 5. Also, **Cassie Bishop** and **Amanda Meunier** demonstrated an excellent knowledge of survival and orienteering skills they credit to their air cadet training.

- ☺ Way to go to **Hannah Tilley** - who picked up \$20.00 while entering the Middle School recently, after her mom spotted it. Hannah brought it to the office to find out that a staff member had informed the office moments earlier of her loss. Way to go to the Tilley's. Middle School - home of honest students and parents!!
- ☺ Way to go to **Jordan Penney** (6A) who raised \$1500.00 for the recent Children's Wish Foundation fundraising drive. Phenomenal effort by a Middle School student. Ms. Avery wasn't the only teacher that couldn't believe the amount one student could raise for a GREAT cause! SUPER JORDAN!
- ☺ Way to go to **Stephanie Fleming** (7S) who was seen increasing her physical fitness by jogging one Monday night. Great to see you increasing your fitness Stephanie - be sure to wear reflective tape for greater visibility. Great stuff!
- ☺ Way to go to **Emily Baker and Makayla Short** who brought a sum of money they found to the office to find the owners! Great Middle School behaviour by two of our youngest students!
- ☺ Way to go to **Jessica Stanley** (8O) who was exercising by riding her bike to school recently. Healthy living!
- ☺ Way to go to **Hayley Snook** who found a sum of money - was told that if it wasn't claimed in 5 days she could have this amount for recess. Her request was to donate it to the School's Breakfast Program. Super Middle School behaviour!
- ☺ Way to go to **Gabriel Shea (6D) and Olivia Winsor (5P)** , very considerate students, who quickly gave up their computers to two students who were working on assignments during lunch hour. No need to be asked here! Super stuff!
- ☺ Way to go to **Jordan Norcott** (6A) who had sold a box of chocolates recently to support the breakfast program. Great initiative Jordan! Thank-you!
- ☺ Way to go to the following students who assisted in setting up the lunchroom tables and chairs Monday morning so the students of our school could enjoy the morning breakfast. BIG THANK-YOU to Kaitlyn Critch; Ian King; Marcus Neil; Mark Pritchett; Cassie Singleton and others who were involved!! Kudos to all!

BUSSING DEPARTURE TIMES Winter 2006-2007

Posted on our school's home page soon will be all bus stops and time of student pick-up for each busing route. The purpose of this is to assure that no student is waiting any longer than necessary in cold or inclement weather. Busses will never be early but may be delayed for obvious reasons during the winter months!

NEW CMS STUDENT COUNCIL ELECTED

Congratulations to all candidates on a well ran campaign. Our **new council president and vice president is Kaely Mercer and Maggie Hughes.**

LATE FOR CLASS ??

DATA shows that only 9 students have 2 or more un-excused absences (3% of our student population) from class and a **whooping 97% of our students are punctual!!** We will be following up on students with 2 or more **un-excused** late slips. Class lateness profile (having student with 2 or more un-excused absences):

4D - 0;	4Vey - 0;	5A - 2;
5P - 1;	6A - 0;	6D - 1;
7F - 1;	7P - 2;	7S - 1;
8W - 0;	8O - 1	

CMS VOLLEYFEST CHAMPIONSHIPS



Congratulations to our boys and girls volleyball teams that travelled and participated in VolleyFest this past weekend in St. John's. The boy's advanced to the final with G.C. Rowe of Corner Brook and won the Gold Medal relatively handily (25-11 , 25 - 14). The girls battled in close encounters throughout and worked their way to the championship game where they came up short against Presentation of Corner Brook to capture the Silver Medals. Two Middle School teams make it to the championships with over 30 teams competing for the same fate. CONGRATULATIONS to all team members and **coach Randell** for not only coaching the boys squad but assisting with the girls as well!

CMS Gold medalists (male) : Taylor Pittman ; Jonathon Mercer Miller ; Shane Reardon ; Andrew Smith ; Lucas Goobie ; Nick Hann ; Josh Winter ; Matthew Goodman ; Matthew Critch ; Nathan Vey ; Andrew Feener ; and Justin Abbott.

CMS Silver medalists (male) : Holly Kelly ; Emily Vey; Candace George; Tiffany Cooper; Stephanie Fleming; Hannah Myers; Maggie Hughes; Cassie Bishop; Kaely Mercer; and Emily Best.



GET READY TO BATTLE COLD AND FLU SEASON

{Source: News Canada}

1. **Washing your hands** using soap and hot water for 18-20 seconds can be the single most effective preventive tip
2. A typical desk (student/teacher) has almost 21,000 germs per square inch, compared with a toilet seat carrying 49 germs per square inch. Caretakers will be planning to **wipe down** desks, phones, keyboards, mice, etc. more frequently with disinfectants.
3. Your body has a much better chance of fighting off viruses if you are in good shape. Maintain a **healthy and balanced diet.**
4. Dragging yourself into school when you are sick puts everyone else at risk. It is suggested that staying home for at least 24 hours is a good rule - sometimes all your **body needs is rest** and some time to heal.

BAR SALE TO SUPPORT BREAKFAST PROGRAM

Later this week interested students will be given a box of bars to sell with all money raised going directly to support the breakfast and lunch program at Clarendville Middle School. This will be the last chocolate fund raiser for our school!